ere is a listing of menus which can be activated by the simple click of a mouse:

New: Creates a new recipe to be added to the collection.

Prev.:   Goes to the previous recipe in the collection.

Next: Goes to the next recipe in the collection.

List: This is perhaps the greatest function of Computer Cuisine.   This
feature allows you to generate a list of the recipes entered.   By clicking
the "List" icon, you will be sent to a new menu, where you can quickly get
a general idea of the recipes you have entered.   Within the "List Menu"
you can then choose to view your recipes listed by their various categories.   Each category
is easily visable via a quick "tab" menu.   Once you find the recipe you're looking for, simply
click the "view" icon to the left of the recipe's name, and you can view all the information
about that recipe. This works much like a constantly updated index of all your recipes!

Sort: In the main menu, this will sort your recipes alphabetically.
This sorts the recipes that are currently "found" on display.

HOT TIP: However, in the "List Menu", the "Sort" icon will sort your recipes
according to the list display you have selected. For example, if you are viewing your recipes
under the "List By Style" option, then clicking the "Sort" icon will sort your recipes by their
style. If you are viewing your recipes under the "List By Type / Category" option, then
clicking the "Sort" icon will sort your recipes by their type, etc.

Find All: This will find, or group together, all of the recipes in your
collection.   This is useful because after you have used the "Find"
command,
Computer Cuisine will only create a list of recipes that included your
find request.   For example, if you did a "find" for "Chocolate" only the
recipes containing chocolate will be "found," or listed on your display.   However, to get back
to a list of all of your recipes, simply click the "Find All" box.

Find: This will search your entire collection for a specific word or word
segment.   For example, if you want to do a search for all the recipes with
chocolate in them, you can click 'Find', then enter "Choc" or "Chocolate" in

the field for ingredients.   Once found, Computer Cuisine will create a list
of all the recipes matching "Chocolate."   You can use the scroll bar on the right to breeze

through your newly generated list.   Once you've found the recipe you've been looking for, click the "view" button to the right, and voila!

Spelling: By clicking this button, Computer Cuisine will check the spelling of the current recipe being displayed. It will scan all of the recipe areas, for any words that are "questionably" spelled.

Convert: This will take you directly to the "Conversions" menu.   From this menu, Computer Cuisine will quickly calculate conversions from one unit of measure to another. To the left of the conversion arrow, you must enter in the measurement that you know, and then press 'Enter'. On the other side of the arrow, the equivalent unit of measure will be displayed instantly! You'll never have to calculate these figures on your own, ever again!

Print Menu: This will take you to Computer Cuisine's Print Menu. In the Print Menu, you can select the size and color of your recipe's printout.   The selection is as easy as one click with your mouse!

Delete: This will delete the current recipe being displayed.   Just in case you've made a mistake, a dialog box will ask you, "Are you sure?"

Quit: Quits the program.   In case you're wondering why there is an icon for a bag, that's because this button "packs your bags" and sends you on your way.

Here is a list and explanation of the functions of the Print Menu:

Large - B&W: This print option will print your recipe to a full sized sheet of paper measuring (8-1/2"x11"). Your recipe will be displayed in black & white ink.

Large - Color: This print option will print your recipe to a full sized sheet of paper measuring (8-1/2"x11").   With this option, if you have a color printer, you can view your recipes in full color!

Small - B&W: This print option will print your recipe to a smaller size. When cut and folded once lengthwise, this smaller recipe size will fit perfectly on a (3"x5") index card! This is in black & white ink.

Small - Color: This print option will print your recipe to a smaller size.   When cut and folded once lengthwise, this smaller recipe size will fit perfectly on a (3"x5") index card! This recipe will be in color!

Here is a list and explanation of the functions on the Computer Cuisine™ layout:

Item Name: Name of a particular dish or recipe.

Type: Category in which the recipe falls under.   A pop up list is included with this menu which contains an alphabetical listing (from Appetizers to Vegeterian) of over 10 categories.

Just hold down the mouse over the "Type" menu, and the pop-up menu will appear.

Style: This is a pop list which allows you to classify the recipe under it's nationality. This is just another way to narrow down the list of recipes, and it's exceptionaly helpful in the "list" and "find" command.   For example, click on the
"Find" command. Then, you can hold down the mouse over the "Style" command and select, "Japanese."   After that, all the Japanese foods in your recipe collection will be found. You can then click the "List" command, and voila! All of your Japanese foods are in a simple list you can scan!

Serves: The number of people or servings the recipe will provide.

Ingredients: A detailed listing of the recipe's ingredients.

Method: A detailed explanation as to how to prepare the meal.

Recipes: This number displays the current number of recipes that are "found" in your set. If you want this number to display ALL of your recipes, simply click the "Find All" icon.   The current collection of will total over 1,000!

Recipe From: The name of the person or book you received the recipe from.

Preparation Time: This is a pop up list which displays the time it will take to prepare the current recipe.

Cooking Time: This is a pop up list which displays the time it will take to cook the current dish.

Cholesterol Level: This is a pop up list which allows you to enter the general amount of cholesterol in the current dish.

Calorie Counter: This is a pop up list which allows you to enter the general amount of calories contained in the current dish.

Recipe Notes: This simple text line is for adding small notes about your recipe. Here, you can add things like your individual comments about each recipe, your opinion of the dish, or anything else you can think of!

Here is a listing of extras found in the "Conversions" menu:

From this menu, Computer Cuisine will quickly calculate conversions from one unit of measure to another.

Here is a listing of extras found only in recipe printouts:

From The Kitchen Of: This menu is set to to print the User Name, so that when you give a recipe to a friend, they know they received it from you.   In case there is a problem with the pre-entered User Name on your Mac, you can change it to anything you desire.   Simply select "Preferences..." under the File Menu, and choose to enter a custom User Name.

Today's Date: Added to know the exact date that the recipe was printed out.   This date is pre-set according to the date. You don't even have to enter this in by hand!